

WHERE GOOD FOOD BEGINS

FRESH FROM THE FIELD



SWEET CORN

Zea mays convar. Saccharata

PLANTING Sept - Jan. HARVEST Jan - April

INGREDIENTS

- *Sweet Corn Powder*
- *Sweet Corn Puree*
- *IQF Sweet Corn*

Roadside stalls selling fresh sweet corn are a common sight during the Gisborne summer.

Fertile alluvial soils, hot summer days and cool nights provide an ideal growing environment. Our crops are proudly grown sustainably under the sustainable agriculture code (SAC) and are 100% GMO free.

A good source of ferulic acid – which is enhanced by processing – along with zeaxanthin and lutein, sweet corn is a popular flavour with young and old